

ARE YOU WILLING TO TRAVEL LIGHT?

Vacation provides us with time away to relax. Before we go on a trip, we may make a list of things to put in our suitcase. Most times we pack so much that it feels like we are not really "getting away from it all" but rather taking it all with us!

A lesson from the Gospel of Luke talks about travelling light. Jesus appointed 70 of His disciples to spread the Good News of the Kingdom of God. They were instructed to go forth to preach, teach and heal. Do you know what Christ said to take with them? "Carry neither money bag, knapsack, nor sandals . . ." (Luke 10:4) These missionaries were instructed to trust in God to provide for them and their needs. They were not to encumber themselves with possessions and worries.

Human nature tends to saddle us all down with lots of unnecessary burdens. While focusing on our problems, we may not be able to see the blessings that are in front of us. Look to the horizon to see the light and hope that God provides us. Pack your luggage light and make your possessions few, since our Lord is there to provide all that we need. Leave all the unneeded things behind, but be sure to take along your faith and courage. Shake off the dust of rejection and failure, instead of carrying them around as baggage.

As Christians, our path is all the same; we continue towards the Kingdom of Heaven. Heed the call of Jesus to travel light and be less dependent on material things. Simplify your life, become more carefree and rejoice in the journey.

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.



ST. HARALAMBOS SUNDAY BULLETIN

July 9, 2023

5TH SUNDAY OF MATTHEW

Orthros 9:00 a.m.: Divine Liturgy immediately following the Orthros.

JULY SCHEDULE

SUN JULY 9	†5th Sunday of Matthew	9:00 a.m.
SUN JULY 16	†Sunday of the Holy Fathers	9:00 a.m.
THU JULY 20	†Elias The Prophet	9:00 a.m.
FRI JULY 21	†Great Vespers-St. Mary Magdalene & St. Markella	6:30 p.m.
SAT JULY 22	†St. Mary Magdalene & St. Markella of Chios	9:00 a.m.
SUN JULY 23	†7th Sunday of Matthew	9:00 a.m.
THU JULY 27	†St. Panteleimon	9:00 a.m.
SUN JULY 30	†8th Sunday of Matthew	9:00 a.m.

AUGUST SCHEDULE

TUE AUG 1	†Dormition Fast Begins - Paraklesis	6:30 p.m.
WED AUG 2	†Paraklesis	6:30 p.m.
FRI AUG 4	†Paraklesis	6:30 p.m.
SAT AUG 5	†Great Vespers - Holy Transfiguration of our Lord	6:30 p.m.
SUN AUG 6	†Transfiguration of our Lord	9:00 a.m.
MON AUG 7	†Paraklesis	6:30 p.m.
WED AUG 9	Football Coaches Preview †Paraklesis	5:30 p.m. 6:30 p.m.



ALTAR BOY SCHEDULE July 9, 2023 - TEAM B



CELEBRATE OUR EDUCATORS! Saturday, September 9th Sponsored by Philoptochos

This fundraiser will help area Public Schools and our Outreach Programs.

Please consider donating spiral notebooks, pencils, pens, crayons, folders, rulers, pencil boxes, tissues, and assorted school supplies.

A donation box is located in the lobby by the church office.

Monetary donations are also accepted.



PLEASE COME CELEBRATE! PETROS GAITANOS' 90TH BIRTHDAY AT TODAY'S COFFEE HOUR !

2023 HIGH SCHOOL FOOTBALL COACHES PREVIEW

HOSTED BY:
ST. HARALAMBOS MEN'S CLUB
&
WHBC SPORTS



WEDNESDAY, AUGUST 9, 2023
SOCIAL HOUR: 5:30 P.M.
BUFFET DINNER: 6:30 P.M.
COACHES PANEL: 7:30 P.M.

Prepaid Reservations requested by or before
Friday, August 4, 2023.
Admission: \$20



2023-2024 GREEK SCHOOL REGISTRATION

The registration for Greek School will begin on August 14th and will end on September 12, 2023.

Classes will begin on September 19th and will run through May 7, 2024. Tuition is only \$30 for the whole year (per student) and will cover the materials.

Our Greek School teachers for this year are:
Virginia Ballas, Angie Gaitanos, Sophia Kazes and Dena Apostolou (substitute).

Registration forms are available in the lobby and in your July/August Koinonia.



ST. HARALAMBOS PANIYRI FAMILY PICNIC

AUGUST 20TH
IMMEDIATELY FOLLOWING LITURGY

FAMILY, FOOD, FUN AND
FELLOWSHIP FOR EVERYONE!!

Silver Liners' Upcoming Trips

SIX , The Musical
Playhouse Square, Connor Palace
Saturday, September 2, 2023
1:30 Matinee Performance

\$155 Per Person
Includes: Bus, Tips, Lunch at the Blue Canyon and show.

Reservation/Payment Deadline
July 20, 2023

Bus departs St. Haralambos rear lot
@ 10:30 a.m and returns to the church at
approximately 5:30 p.m.

Nashville, Tennessee
Featuring 3 Fabulous Shows
4 Days - 3 Nights
November 28 - December 1, 2023

\$775.00 Per Person - Double Occupancy
\$25 Deposit due by August 22nd
Final Payment due by September 19th

For Information and Reservations Contact:
St. Haralambos Silver Liners, Kathy Dieringer,
1498 New England Dr. SE, North Canton,
Ohio 44720 - (330)-265-3876.

SCAN ME



[Make a Donation \(tithe.ly\)](https://tithe.ly)

Tithe.ly Online Stewardship Payment Options

You can now scan the QR code to your left to log into Tithe or go directly to their website (tithe.ly) to make Stewardship, Memorial or Candle payments.

To scan QR code:

Apple iphone- use your camera app and click on the yellow link that appears on the screen.

Android (non-apple) phone- use QR code scanner if already installed or go to Google Play Store and download.

Either option will take you directly to our donation website for your donation to St. Haralambos Church.

July 9, 2023: FEAST: Holymartyr Pankratios, Bishop of Taormina (+Istc.); Bishop Methodios; Neomartyr Michael Paknan of Athens (+1770); Righteous Photios; Dionysios and Metrophanos, Ascetics of Athos.

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Ἀπολυτίκιον Ἀναστάσιμον Ἦχος δ΄
Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι,
καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον·
Ἑσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Τοῦ Ναοῦ
Ὡς στῦλος ἀκλόνητος, τῆς Ἐκκλησίας Χριστοῦ, καὶ λύχνος ἀείφωτος, τῆς οἰκουμένης
σοφέ, ἐδείχθης **Χαράλαμπες**· ἔλαμψας ἐν τῷ κόσμῳ, διὰ τοῦ μαρτυρίου. ἔλυσας καὶ
εἰδώλων τὴν σκοτόμαιναν μάκαρ· διὸ ἐν παρρησία Χριστῷ. Πρέσβευε σωθῆναι ἡμᾶς.

Κοντάκιον Ἦχος β΄
Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ
παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν,
τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἡ
προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

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Resurrectional Apolytikion Mode 4
When the women disciples of the Lord heard the Angel joyously proclaim the
resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the
Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to
the world!"

Hymn of the Church
As a pillar unshaken of Christ's holy Church, and lamp ever-burning to all the world you
emerged, O wise Haralambos; in all the world you shined, with the martyrdom you
suffered, you dispelled the dark night, of the idols, O blessed; whence, with courage do
intercede, to Christ that we may be saved.

Kontakion Mode 2
O Protection of Christians that never falls, intercession with the Creator that never fails,
we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore
you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession,
and hasten to supplication, O Theotokos who protect now and ever those who honor you.

July 9, 2023 5th Sunday

Romans 10:1-10

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Epistle

The reading is from Paul's Letter to the Romans.

Brethren, my heart's desire and prayer to God for them is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that every one who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

July 9, 2023 5th Sunday of Matthew

Matthew 8:28-34, 9:1

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Gospel

The reading is from the Holy Gospel according to Matthew.

At that time, when Jesus came to the other side, to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.