

“HEAVENWARD! HEAVENWARD!”

Each year on the 2nd Sunday of the Great Fast, the Holy Orthodox Church honors the memory of ST. GREGORY PALAMAS. Gregory lived in the 14th century and would rise to the prominent position of Archbishop of Thessalonica one day. He is best remembered, however, for his exemplary life as a monastic: a life he embraced at the young age of 20.

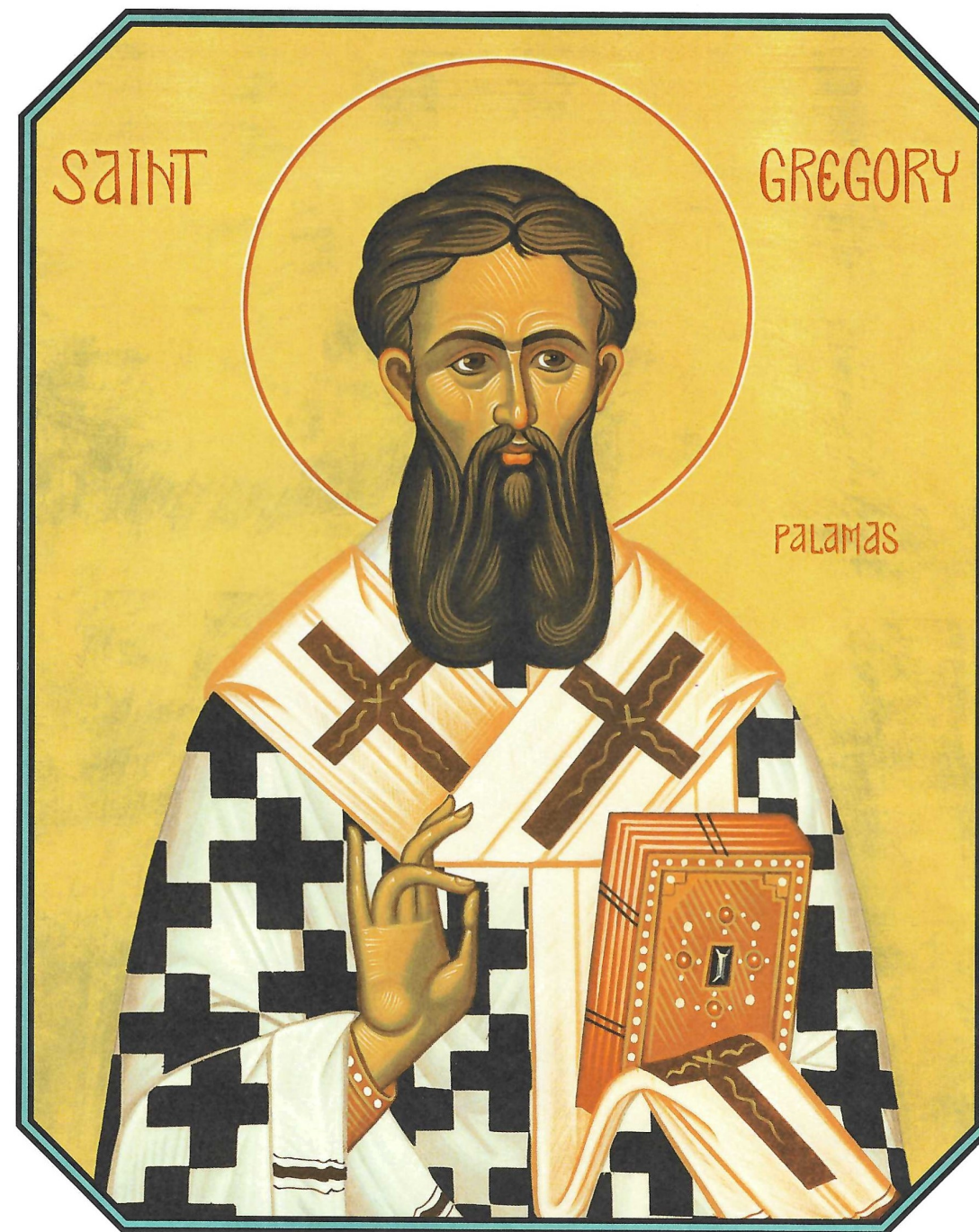
Much of Gregory's life was lived on Mt. Athos. Much of his time was spent in contemplative silence and prayer. He fully embraced the spirit and philosophy of “hesychasm” -- a method of inward prayer of the heart that was taught by the severe ascetics of the Holy Mountain.

As St. Gregory gained popularity and notoriety with the Church, his teaching of hesychasm caused him to be at odds with other theologians and hierarchs. His position that God, unapproachable in His Essence, was nevertheless revealed through His Energies. This brought Gregory ridicule and condemnation. He was even imprisoned and labelled a “heretic” for maintaining that the Kingdom of God is within us -- in our **WHOLE NATURE**, body and soul. Ultimately, the Council of Blachernae upheld the truth of his teachings. This is why he is praised in his troparion on this day as being the “light of Orthodoxy” and the “champion of theologians.”

St. Gregory Palamas fell asleep in the Lord on November 14, 1359 A.D. He was canonized a saint just 9 years later. His dying words were: “Heavenward! Heavenward!” Indeed, the life lived by this blessed saint was constantly pointed in the direction of the Kingdom of God.

Icon by Austin Kachek - Manville, NJ

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ST. HARALAMBOS SUNDAY BULLETIN

March 16, 2025

ST. GREGORY PALAMAS

Orthros 9:00 a.m.: Divine Liturgy immediately following the Orthros.

MARCH SCHEDULE

SUN MAR 16	†St. Gregory Palamas Greek School Program-Krassas Ctr.	9:00 a.m.
MON MAR 17	†Great Compline	6:00 p.m.
TUE MAR 18	Silver Liners' Luncheon-Krassas Ctr. Father Nick's Bible Study Greek School Greek Fest Committee Mtg.	11:30 a.m. 3:30 p.m. 5:15 p.m. 7:00 p.m.
WED MAR 19	†Presanctified Liturgy @ Holy Trinity	6:30 p.m.
THU MAR 20	Hellenic Beginner Dancers - GYM Hellenic Intermediate Dancers Hellenic Training Seniors Dancers Hellenic Senior Dancers Parish Council	4:30 p.m. 5:00 p.m. 5:45 p.m. 6:15 p.m. 7:00 p.m.
FRI MAR 21	†Third Salutations	6:30 p.m.
SUN MAR 23	†Sunday of the Holy Cross GOYA Meeting Greek Fest Kouloura Prep & Baking	9:00 a.m.
MON MAR 24	†Great Vespers Annunciation	6:30 p.m.
TUE MAR 25	†Annunciation of the Theotokos	9:00 a.m.



ALTAR BOY SCHEDULE

March 16, 2025 ~ TEAM D

TODAY'S MEMORIAL:

40-Day Memorial ~ Catherine Demos

The Prosforo and Wine have been donated
by the family.

GREEK FESTIVAL BAKLAVA BAKERS NEEDED

MARCH 26TH @ 9:30 A.M.

We are looking for volunteers to help make the
Baklava for this year's GreekFest.

If you are interested in the making of Baklava for
the GreekFest, please contact Dena Apostolou at
330-705-3200.



St. Haralambos Greek School

presents

Greek Independence Day Program

TODAY! MARCH 16, 2025

St. Haralambos
Krassas Event Center



Immediately following Church services

Lenten Luncheon will be served



HOLY WEEK & PASCHA FLOWERS

If you would like to donate flowers for
Holy Week & Pascha, please contact the
church office at 330-454-7278.

ITEMS NEEDED:

Salutations to the Theotokos Icon Wreaths,
Daffodils, Annunciation Wreath, Bridegroom
Wreaths (2), Football Mums,
Eggs, Epitaphion Flowers and Lilies.

*Interested in learning the ancient art of
Byzantine Chant?*

Instructor: Savvas Bournelis

When: Every Thursday @ 6:00 p.m.

Where: Holy Trinity Greek Orthodox Church

For details, email: sbournelis@hchc.edu

GREAT LENTEN PAN ORTHODOX CALENDAR 2025

March 19th ~ Holy Trinity, Canton @ 6:30 p.m.
PreSanctified Liturgy

March 26th ~ St. George Antiochian @ 6:30 p.m.
PreSanctified Liturgy

April 2nd ~ Assumption OCA, Canton @ 6:30 p.m.
PreSanctified Liturgy

April 6th ~ St. Nikolai Mission Alliance 5:00 p.m.
Great Vespers



Canton Greek Fish Fry

April 4, 2025 - Dine in & Drive Thru

Interested in volunteering?
Contact Peter Volas [216-312-4255]



2025 Canton Greek Fest Meeting Dates

Join the Planning Committee for
the 2025 Canton Greek Fest

Meeting Schedule

Tuesday, March 18, 2025
Tuesday, April 22, 2025
Tuesday, May 6, 2025
Tuesday, May 20, 2025
Tuesday, June 3, 2025

***All Meeting begin at 7pm
in the Youth Room***

Questions?

Call Mike Fakelis (330-327-5317) or
Mike Paxos (330-327-9180)

SCAN ME



[Make a Donation \(tithe.ly\)](https://tithe.ly)

Tithe.ly Online Stewardship Payment Options

You can now scan the QR code to your left to log into Tithe or go directly
to their website (tithe.ly) to make Stewardship, Memorial or Candle
payments.

To scan QR code:

Apple iphone- use your camera app and click on the yellow link that
appears on the screen.

Android (non-apple) phone- use QR code scanner if already installed or
go to Google Play Store and download.

Either option will take you directly to our donation website for your
donation to St. Haralambos Church.

March 16, 2025: FEAST: St. Basil Liturgy. Second Sunday in Lent, Commemorating St. Gregory of Palamas, Archbishop of Thessalonika (+1360); Sabinos (+287), Julian (+299), and Romanos, Martyrs; Righteous Christodoulos of Patmos, Wonderworker (+1111).

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Ἀπολυτίκιον Ἀναστάσιμον Ἦχος πλ. α΄
Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ἠυδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ ἀναστάσει αὐτοῦ.

Τοῦ Ἱεράρχου Ἦχος πλ. δ΄
Ὁρθοδοξίας ὁ φωστήρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονή, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργέ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

Τοῦ Ναοῦ
Ὡς στῦλος ἀκλόνητος, τῆς Ἐκκλησίας Χριστοῦ, καὶ λύχνος ἀείφωτος, τῆς οἰκουμένης σοφέ, ἐδείχθης Χαράλαμπες· ἔλαμψας ἐν τῷ κόσμῳ, διὰ τοῦ μαρτυρίου. ἔλυσας καὶ εἰδώλων τὴν σκοτόμαιναν μάκαρ· διὸ ἐν παρρησίᾳ Χριστῷ. Πρέσβευε σωθῆναι ἡμᾶς.

Κοντάκιον Ἦχος πλ. δ΄
Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ’ ὥς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

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Resurrectional Apolytikion Mode pl. 1
As the Father and Spirit are unoriginate, so the Word, who was born from the Virgin for us. Let us praise Him, O believers, and let us worship Him. For our salvation He was pleased to be crucified in the flesh, and to undergo death, and to resurrect the dead, by His glorious resurrection.

For the Hierarch Mode pl. 4
Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls

Hymn of the Church
As a pillar unshaken of Christ’s holy Church, and lamp ever-burning to all the world you emerged, O wise Haralambos; in all the world you shined, with the martyrdom you suffered, you dispelled the dark night, of the idols, O blessed; whence, with courage do intercede, to Christ that we may be saved.

Kontakion Mode pl.4
O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

March 16, 2025 Second Sunday of Lent

Hebrews 1:10-14; 2:1-3



Epistle

The reading is from Paul’s Letter to the Hebrews.

“In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end.” But to what angel has he ever said, “Sit at my right hand until I make your enemies a footstool for your feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

March 16, 2025 Second Sunday of Lent

Mark 2:1-12



Gospel

The reading is from the Holy Gospel according to Mark.

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, “My son, your sins are forgiven.” Now some of the scribes were sitting there, questioning in their hearts, “Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, “Why do you question thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins” — he said to the paralytic — “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, “We never saw anything like this!”